附件4

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| 广州市增城区朱村街道办事处体能测评项目  评分参考标准 | | |
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| **项  目  分  值** | **一** | **二** |
| **1000米跑（男子）** | **800米跑（女子）** |
| **（分′秒″）** | **（分′秒″）** |
| **100** | 3'15" | 3'20" |
| **95** | 3'20" | 3'25" |
| **90** | 3'25" | 3'30" |
| **85** | 3'30" | 3'40" |
| **80** | 3'40" | 3'45" |
| **78** | 3'45" | 3'50" |
| **76** | 3'50" | 3'55" |
| **74** | 3'55" | 4'00" |
| **72** | 4'00" | 4'05" |
| **70** | 4'05" | 4'10" |
| **68** | 4'10" | 4'15" |
| **66** | 4'15" | 4'20" |
| **64** | 4'20" | 4'25" |
| **62** | 4'25" | 4'30" |
| **60** | **4'30"** | **4'50"** |
| **50** | 4'50" | 5'10" |
| **40** | 5'10" | 5'30" |
| **30** | 5'30" | 5'50" |
| **20** | 5'50" | 6'10" |
| **10** | 6'10" | 6'20" |